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Let's Cook Italian, A Family Cookbook: Cuciniamo Italiano, Un Ricettario Di Famiglia



Synopsis

"A tavola non si invecchia." Or, "At the table with good friends and family you do not become old." Let's Cook Italian, by chef Anna Prandoni, is a fun, interactive, bilingual cookbook for families that introduces the art and joy of Italian cooking. It teaches better eating habits and the importance of culture, while providing quality family bonding time. Featuring classic, simple dishes inspired by Italian cuisine, each recipe is shown in both Italian and English and accompanied by charming illustrations. With an emphasis on fresh ingredients and hands-on preparation with family activities, dishes include traditional starters, main courses, and desserts. Your child's creativity will be sparked, as will your deeper connection with them. Let's Cook Italian, scritto dalla giornalista Anna Prandoni, è un libro di ricette divertente, interattivo e bilingue per famiglie che ci accompagna alla scoperta dell'autentica cucina italiana di casa. Con piatti classici e semplici inspirati dalla tradizione, ogni ricetta è presentata sia in italiano che in inglese ed è accompagnata da bellissime illustrazioni a collage. Ingredienti freschi, preparazioni semplificate adatte anche ai piccoli di casa, idee per la merenda, Let's Cook Italian è lo strumento ideale per fare di ogni pasto della giornata un momento unico, fin dalla preparazione. La creatività dei vostri figli sarà sollecitata, e il piacere di stare a tavola comincerà fin dalla scelta degli ingredienti e della ricetta da preparare insieme e condividere!

Book Information

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Age Range: 8 - 11 years

Grade Level: 3 - 6

Customer Reviews

Anna Prandoni is a writer and journalist who has been working with food and wine for over 15 years with particular interest in the history of nutrition and its influence on Italian Culture. In 2014, she was selected as Italian ambassador in the network WE-Women for Expo, which addresses global nutrition, sustainability and food related-traditions. She has worked as director of the cooking school, La Scuola della Cucina Italiana and director and web editor of La Cucina Italiana magazine, a position she left in March 2015. Very active in the digital community, she is the creative director of unaricettaalgiorno.it, Milano Secrets (milanosecrets.it), and the community gathering project for floral design, photography, and culinary art Potluck (mypotluck.it). She teaches social media strategy for foodies and participated in Social Media Week Milan, 2015. She edited a book series for DeVecchi Publishing House dedicated to the healthy kitchen, the ethnic kitchen, and books dedicated to Italian regional cooking. In June 2015, she was appointed director of the Gualtiero Marchesi Cooking Academy in Milan which offers courses for both professional and amateur chefs.

My niece has an Italian obsession at the age of 9, and is now teaching herself Italian words from an online source. I thought she'd enjoy cooking authentic food with the Italian directions, and yes, it's a huge hit with her. Good book!

Great fun to read the text in Italian and English!

One of the best books I ever purchased. Simple & easy recipes & tools. My 9 year old enjoys it really much.

good book and good recipes for children to get the fundamentals plus learn another language

Such a cute book! Came as described

Who doesn't love Italian? Especially when the recipes involved are a "best of" collection of classic dishes, from saltimbocca to tiramisu. Pesto or bruschetta? Hmmm.... Why not both? (Or put pesto on your bruschetta!) Linguaphiles will find the bilingual recipes especially fun to browse through--talk about a tasty way to learn the names of ingredients in Italian. Plus, sidebars scattered throughout the book provide quick cultural insights into the various regions of Italy the recipes hail from. Parents in particular will appreciate the "With the Kids" tips on how to get children involved in the kitchen,

from making beef rolls to shaping potato croquettes. (The rest of us can enjoy the childhood memories those tips evoke from when we were kids in the kitchen.) Another aspect of the book that I particularly appreciate is that compared to American desserts, Italian desserts use much less sugar. Rather than sweetness, they depend on fresh fruits and richly satisfying ingredients like mascarpone, eggs, and ricotta. (European dishes generally use much less sugar than their American counterparts.) I was also thrilled to see that the author emphasizes using extra-virgin olive oil throughout the book. Hooray! Contrary to popular belief, yes, you can cook and bake with good-quality extra-virgin olive oil. Time to bring Italy home and make your own antipasti and piatti. Buon appetito!

We love Italian food around our house, and my kids are learning Italian, so what could be better than a cookbook in both English AND Italian?! Each recipe is on two facing pages--the left side is in English, and the right side is Italian. This is great for supplementing their Italian learning, and is just downright fun! I love that there is a variety of recipes that range from very easy and simple to more complex and challenging. This allows your children to grow in the kitchen without overwhelming them at the start. They can start with an easy Vermicelli in Tomato Sauce or Peas with Italian Ham and as they learn and get better in the kitchen can graduate to more difficult dishes such as Beef Rolls (Involtini di Manzo) or Piedmontese Chocolate Pudding (which is more difficult to make than it sounds with multiple steps). Kids today are losing that valuable art of cookery what with all the convenience foods and restaurants everywhere. Bring the family together, teach your kids some valuable skills and try something Italian for dinner tonight! I received a copy of this book from Quarry Books for my honest review. All thoughts and opinions are my own.

I received a complimentary copy of this book and am providing my honest opinions. Overall, I really do appreciate the contents of this book. It contains relatively simple, authentic Italian recipes that can be explained in 1 page or less, each (which is a challenge!). There are a few times when the lack of photographs is a bummer (how helpful an image of the process of making gnocchi would be, for example! The directions are too vague if this is your first attempt). Also, there were some instances where ingredients were unfamiliar and substitutions aren't offered (Juniper berries? No idea where to get them or what to use instead). But what makes this cookbook so very unique is the fact that facing pages are in English and Italian. This makes this quite a delightful read for anyone who is learning Italian (or, I suppose, an Italian speaker who is learning English!). It's not the right book for a young child just starting to cook, in my opinion. Perfect for a tween or teen cooking enthusiast,

though.

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